

Wildwood Bushcraft Course Joining Instructions

Most of our courses are run in a beautiful ancient woodland in Sussex. Resident wildlife includes three species of deer, badgers, foxes, rabbits, squirrels and a variety of woodland birds. You will be in the capable hands of our chief instructor, Leon Durbin PhD, and/or one of our experienced associate instructors. Your time with Wildwood Bushcraft should be fun, with plenty of practical experience and challenges, and hopefully you will be inspired to learn more.

Go to our website for a full list of Bushcraft courses: www.wildwoodbushcraft.com/courses.htm.

General course information

Date, time and availability

The dates and availability of courses are shown on the website but it is a good idea to phone or email to check availability before booking. Unless otherwise stated, day courses begin at 09.00 and end around 17.00 (on shorter winter evenings the end may be nearer to 16.00). Multi-day courses begin at 19.00 on the first day and end at 16.00 on the last day.

Weather

There will be a tarp shelter on site so that the course can go ahead even in poor weather conditions. Bushcraft is about adapting to the environment and rain is no obstacle to learning – in fact it can help! In extreme weather you can always contact us on the day to check if the course is going ahead (07709 031715). Nevertheless, we would always aim to let you know in advance if a course was changed or cancelled.

Location

We use a number of woodlands in Sussex so please check with the location shown on the Courses page of the website associated with your course or your acknowledgement letter. Once you know the location find the relevant map to the site on the website from the booking page.

Facilities

The following facilities will usually be available on site: a group tarp shelter, drinking water, washing water and soaps, a First Aid kit and a simple pit compost latrine. Toilet paper and other such waste is put in a bin bag and burnt at the end of the session. Most of our courses are currently self-catering unless otherwise stated in the course description. We do however provide hot drinks during breaks on all our courses. At the end of the course you will be presented with a Certificate of Attendance and on some courses there are handouts with quick reference on the course contents.

Kit List

Below is a list of kit. Most of these items don't cost much but if you are on a tight budget there may be options for borrowing items, so just let us know in advance.

Please bring the following **basic kit**:

- Food (unless it is specified that food is included, e.g. do not bring any on the Survival Weekend etc.)
- Warm, water-proof outdoor clothing (including trousers and boots and in cold weather thermals are recommended, plus hat, gloves, scarf etc.)
- Long trousers and sleeves - recommended to protect you from brambles
- Drinking bottle and cup
- Personal first aid kit (optional)

The following items are available for loan or purchase on the day if appropriate to the course:

- Fire steel (for bushcraft courses you can buy or borrow a suitable one from us on the course - see note below)
- Sheath knife (for most courses where knife use is included you can buy or borrow a suitable one from us on the course - see note below)
- Compass (recommend Silva Expedition 4) on Navigation course and Bushcraft Foundation.

If staying overnight on courses (**other than the Survival Weekend** – see special section below), in addition to the above, you will need:

- Food for main meals (except where food is part of the price)
- Camping stove & fuel (optional, unless you do not wish to cook by fire)
- Pans and cooking utensils (except where food is part of the price)
- Mess tin/plate and cutlery
- Cup
- Tent, hammock and tarp, or basher (e.g. army poncho and bivvy bag - see website FAQ for more details)
- Roll mat
- Sleeping bag with appropriate grade for the season – e.g. 3 or 4 season
- Torch (preferably head torch) with spare batteries.
- Wash kit and towel (optional)
- Bivvy bag (optional, please see FAQ on website for details)

For the **Survival weekend**, in addition to the basic kit specified above you will only need the following:

- Mess tin/metal plate and cutlery
- Cup
- Folding hand saw (e.g. Bahco Laplander - optional but can be purchased from us if you let us know in advance)
- army poncho (optional)
- Roll mat
- Sleeping bag with appropriate grade for the season – e.g. 3 or 4 season (alternatively two summer bags can be used together)
- Bivvy bag (optional, please see FAQ on website for details)
- Torch (preferably head torch) with spare batteries.

Booking and Payment

Accompanying this information are **Terms and Conditions and a Booking form** with medical questionnaire and the consent and indemnity declaration. Please print the Booking form if necessary, fill it in, and send it with your payment (either in full or a non-returnable deposit per person – the deposit is £30 for the day courses, £60 for weekend courses and for Foundation courses, £100 for Scottish courses). This will enable us to confirm your place/s (details about how to pay are on the form) and to plan for the course. The balance is due one calendar month in advance of the course, except for Scottish courses where it is two calendar months. Our postal address is below:

Wildwood, Roshven, Lochailort, PH38 4NB